
THE AUTUMN HOUSE TIMES



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Celebrating February

**International Friendship
Month**

Black History Month

Cherry Month

Groundhog Day
February 2

Chinese New Year
February 3

Super Bowl XLV
February 6

Jell-O Week
February 6-12

Get a Different Name Day
February 13

**Ferris Wheel Day &
Valentine's Day**
February 14

Presidents' Day (U.S.)
February 21

International Polar Bear Day
February 27

DID YOU KNOW?

Mark Twain said, "I came in with Halley's comet in 1835. It is coming again next year, and I expect to go out with it." He was right. He died on April 21, 1910, one day after the comet's closest approach to Earth.

Matt Stern came and played his guitar for the residents last month and we had a blast. The residents sang along and requested a few of the songs to be sung again. One of them told Matt "it was the best afternoon he has ever had." Thank you Matt!

On February 8th will be singing along with Michael Cruz at 3 PM. Come and enjoy the music with your loved one.

Let's send a big WELCOME to the APPLGATE HOUSE of GRANTS PASS they are now open and accepting residents. Open House will be February 16th at 1635 Kellenbeck Ave from 2:30 pm to 5:30 pm.

Super bowl Sunday February 6th at 3:30 pm. We will be watching to see who will be named number 1 Steelers or Packers (Go Steelers). Snacks and drinks will be served.

All of us at Autumn House want to welcome Frances Ledbetter. She moved to Autumn House in January.

We want to welcome Ingris Hale to our staff. She joins us on our PM shift.

Nancy Daniels is employee of the month for January. Congratulations!!!

Becky, Shelly, Dale, Michelle, Nancy, Bill,
Ingris, Rosenda, Arlin, Manuely,
Laurie and Maggie

Rain or Shine

First used over four thousand years ago, the umbrella is one of mankind's oldest innovations. So let's hope it rains on February 10, Umbrella Day, so that we can use this trusty invention.



Historians are unsure whether it was the ancient Egyptians or Chinese who first used umbrellas, but back then owning an umbrella was a big deal, the equivalent of owning a luxury car. Only the wealthy owned umbrellas, and they were carried by a servant. And they

weren't even used to protect against rain! The first umbrellas were always used as parasols to block out the sun.

The award for the invention of the collapsible, waterproof umbrella goes to China. They used wax to repel the rain. Although many countries and cultures – Egypt, China, Ancient Greece and Rome, India, Persia, and the Aztecs of Mexico – created their own version of the umbrella, it wasn't until the 1700s that everyday people began to carry them around as protection from the rain.

In the 1700s, a man from the Middle East named Jonas Hanway was strolling through the streets of England with an umbrella to protect him from the rain. Passersby were agog and began to throw rocks and mud at him. They believed that if God made rain to water plants and humans alike, then such a new contraption was against the natural order of things. Soon, though, women were carrying them as fashion accessories. Men, ashamed of carrying something so feminine, rarely carried one. But eventually, people decided they would rather be dry than masculine. In 1830, London opened its first umbrella shop, and it still exists today.

Miracle on Ice

On February 22, 1980, the United States hockey team played underdog to the USSR at the Lake Placid Olympics. The Soviet team was touted as the best in the world. The US team was full of amateurs, mostly college players who had never before player together. The decades-old Cold War intensified this rivalry. In many ways, it was no longer just about hockey, it was about who would become the next world superpower.

The rink was packed with American fans waving flags and singing "God Bless America." The US team fell behind by one goal early, and by the end of the second period the USSR led three to two. But the third period belonged to the Americans, and with ten minutes left, they scored a goal that put them ahead four to three. As the seconds ticked down, the US defense held fast and won the historic miracle on ice. The game was not even for the gold medal, but the USA's win has become the stuff of Olympic legend.

Whoa Doggy

February 23 is International Dog Biscuit Appreciation Day. You're not a dog, so what's to appreciate, you ask? Plenty! Many dog biscuits are safe for humans to eat and healthier than most junk food. But you should probably leave doggy biscuits for our four-legged friends. On this day, many dog lovers will bake homemade biscuits for their puppies. Don't want to slave away in the kitchen? Dog bakeries are popping up all over the place. Here you can buy treats that taste like bacon, peanut butter, and sweet potato. Or, if your dog has been really special, you can even buy an entire dog cake. Good boy!



The Best Idea

Countries have long valued nature for its beauty, peace, and the vital importance of natural ecosystems, but it was not until February 29, 1872, that American President Ulysses S. Grant declared Yellowstone the world's first protected national park.



In the 1800s, the American west was still an unexplored wilderness. Pioneers ventured across the continent via covered wagon along the

Oregon Trail. Eventually stories of a beautiful land made their way back east. Mountains pierced the sky. Enormous waterfalls dropped into bottomless canyons. Geysers shot steam out of the earth. Mud boiled in earth pots. Amazing beasts roamed free. Many of these stories were taken as the delusions of mountain men who had lived away from civilization for too long. Finally, a man named Ferdinand Hayden decided to see this miraculous land for himself.

In 1871, Hayden secured \$40,000 from the US government to lead an expedition to the west. He assembled a team of scientists, mapmakers, and artists, including a painter and, most importantly, a photographer to take photos as evidence. What Hayden found was beyond his wildest dreams, a magnificent unspoiled land. His team submitted a 500-page report to Congress, and he travelled the country sharing his findings. Thanks to Hayden, Yellowstone became a preserve for the benefit of all mankind.

Since America's protection of Yellowstone, many other countries have followed suit. Parks can be explored all over the world in places like India, China, Australia, and Iran. The largest national park is in Greenland. Perhaps nobody will ever visit it, but then again, perhaps that is for the best. National parks have been called "America's best idea." They may be the best idea the world has ever had.

Communication Basics

COMMUNICATION IS ACHIEVING THE DESIRED RESPONSE FROM ANOTHER

- It doesn't really matter how well we think we say something if it does not effect the desired outcome in the other person (s).
- This is a NEW way to think of communication and calls for the communicator to be fully aware of the person's response.
- It also requires the communicator to try different approaches if necessary and puts the burden of communication on the person sending the message, not the receiver.
- An additional requirement is to know all o the sensory limitations of the receiver – hearing and vision impairments, language of origin, and attention span.
- ALL of these points are critically important when the other person has **Dementia** or **Alzheimer's** disease.

Feeling Blue

Levi's blue jeans, with their trademark red tag, are coveted the world over as genuine

American denim. But the owner of the famous American company, Levi Strauss, was born in Bavaria, Germany, on February 26, 1829, and denim was a fabric innovated in France. Nevertheless, Strauss is largely responsible for making American-style blue jeans popular all over the world.



Levi Strauss came to the United States at the age of eighteen at the height of the California Gold Rush. He set up shop in San Francisco selling canvas pants to miners. The pants sold well, but miners complained that they chafed. That's when Strauss began using a cotton fabric from France that was dyed blue, known as "serge de Nimes." This fabric, nicknamed "denim," was stronger and more comfortable than anything the miners had ever worn before. They were a hit and became the perfect work pants. In 1885, a pair of blue jeans cost \$1.50. In the 1950s, James Dean turned them into a teenage phenomenon when he wore them in the movie *Rebel Without a Cause*. Today, designer jeans are a luxury item that can cost many hundreds of dollars.

AUTUMN HOUSE OF GRANTS PASS
2268 WILLIAMS HWY
GRANTS PASS OREGON 97527

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Information

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2268 Williams Hwy
Grants Pass Oregon 97527
Administrator: Becky Scriber

ARBOR HOUSE OF GRANTS PASS

820 Gold Court
Grants Pass Oregon 97527
Administrator: Nancy Decker

APPLEGATE HOUSE OF GRANTS PASS

1635 Kellenbeck Ave
Grants Pass Oregon 97527
Administrator: Sue Powell

HAWTHORNE HOUSE OF SALEM

3042 Hyacinth St.
Salem Oregon 97301
Administrator: Michele Nixon

HARMONY HOUSE OF SALEM

3062 Hyacinth St.
Salem Oregon 97301
Administrator: Michele Nixon

HERITAGE HOUSE OF WOODBURN

943 N. Cascade Dr
Woodburn Oregon 97071
Administrator: Shannon Souza

February Birthdays

If you were born from January 20-February 18, you are an Aquarius, the Water Bearer. If you were born from February 19-March 20, you are a Pisces, the Fish. Aquarians are very original and independent thinkers. They are emotional, intuitive people who have a great desire to help humanity. Pisces are mysterious and alluring. They are very creative and imaginative people, leading them to pursue the arts and reject a nine-to-five life.

John Ford (director)	Feb. 1, 1895
Norman Rockwell (painter)	Feb. 3, 1894
Nancy Daniels (caregiver)	Feb. 7, ????
Laura Ingalls Wilder (author)	Feb. 7, 1867
James Dean (rebel)	Feb. 8, 1931
Jack Lemmon (actor)	Feb. 8, 1925
Michael Bloomberg (mayor)	Feb. 14, 1942
Harvey Korman (comedian)	Feb. 15, 1927
Louis Comfort Tiffany (artist)	Feb. 18, 1848
Jackie Gleason (actor)	Feb. 26, 1916
Elizabeth Taylor (actress)	Feb. 27, 1932